

2100 Lerona Avenue Rowland Heights, CA 91748-3945 \*\*\*\*\*\*ECRWSSEDDM\*\*\*\*

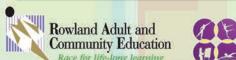
RESIDENTIAL CUSTOMER TIME DATED MATERIAL

Nonprofit Organization U.S. POSTAGE

> PAID City of Industry, CA Permit No. 4008

> > **ECRWSS**







2100 Lerona Avenue • Rowland Heights, California 91748
Telephone: (626) 965-5975, ext. 1569 or 1567 Fax (626) 854-1191

#### RECREATION DEPARTMENT GENERAL INFORMATION

Refund Policy: Please plan carefully, as there will be NO REFUNDS, CLASS TRANSFERS OR LETTER OF CREDIT. If the class is canceled by the Recreation Department, a full refund will be processed and mailed to you.

Make up Classes: There are NO Makeup classes if you miss a class. If a class is canceled due to weather or the instructor out ill, the Recreation Department will do its best to make the class up. The Makeup class will be made up at the end of the current session. If there are not enough extra weeks to have the makeup on its scheduled day, it will be scheduled on a different day of the week. If a makeup day is offered and you cannot attend, there will be no refund or letter of credit.

Class Changes: No class changes will be made once a student is registered.

Parent Responsibility: Parent MUST be sure instructor is on site before leaving child and MUST be on hand PROMPTLY at the close of class to pick up child as instructor cannot be required to remain beyond class hours or be responsible for a child's safety outside the specified class time. A CASH CHARGE WILL BE ASSESSED FOR EARLY DROP-OFF & LATE PICK-UP. \$10 for the first 15 minutes, \$20 for 30 minutes and \$30 for 45 minutes.

PARENTS DO NOT WAIT IN CLASSROOM UNLESS NOTED IN THE BROCHURE.

Ages and Ability Level: Ages for proper class placement are noted. Please register for correct age level. PROOF OF AGE MAY BE REQUIRED.

Final decision of any changes will be made by the Recreation Department and/or

Clothing: Participants in physical activity classes should wear proper shoes and clothing. Children in dance classes need proper footwear. Instructors discuss apparel requirement at first class meeting.

Please Note: This brochure is printed weeks in advance of program beginning and changes in the schedule may occur. We reserve the right to make changes as

Thank you for your understanding and cooperation.

Rowland Adult The Rowland Unified School District does not discriminate on the basis of & Community Education race, color, national origin, ethnic group identification, ancestry, religion, age, marital status, gender, sex, sexual orientation, physical mental disability, medical condition, and political belief or affiliation in admission or access to, or treatment of employment in, handicap, in its programs and activities including adult and vocational education.

#### MAIL TO: ROWLAND ADULT & COMMUNITY EDUCATION 2100 Lerona Ave, Rowland Heights, CA 91748

## MAIL-IN REGISTRATION FORM

A \$5.00 non-refundable fee will be assessed on every registration

MAKE CHECKS PAYABLE TO: Rowland Unified School District (RUSD)			A \$5.00 non-refundable fee will be assessed on every registratio				
Student Name:		Birthdate:		Age:	Class Location:		
Class#:	Title:		Day:	Time:		Fee:	
Student Name:		Birthdate:		Age:	Class Location:		
Class#:	Title:		Day:	Time:		Fee:	
				Non-R	efundable Registration	on Fee:	\$5.00
						257/67 19	

A FULL REFUND WILL ONLY BE MADE WHEN A CLASS IS CANCELED BY THE RECREATION DEPARTMENT. Remember to READ ... SIGN ... and DATE the waiver below. I voluntarily agree to participate or have my children participate in this program, including special events, excursions and recitals. I realize that every precaution is taken to eliminate any injuries or hazards and that a competent supervisor is present. However, in the event of any injury to myself or my child, I hereby waive, release and hold harmless from any liability for damages or claims for which may arise in connection with the above-named activities, against the Supervisor, Department of Recreation Personnel and the Rowland Unified School District.

PRINT NAME of PARENT / GUARDIAN / ADULT REGISTRANT:						DATE:	
SIGNATURE:			EMERGENCY PHONE NO.:				
Please plan carefully as EMAIL:	s there will be	NO CLASS RE	FUNDS or TRANSFER	Parent Initials:			
Address:				City:		Zip:	
(CELL #1):		(WK	) Mom / Dad:	(	CELL #2):	=======================================	
Method of Payment: Signature:	☐ Cash	☐ Check	☐ Charge My:	Visa/Mastercard/AmEx Account#	Exp. Date:		



Mission

The mission of the Rowland Unified School

District, the progressive international

community united in learning, is to empower

students so that each actualizes his or her

unique potential and responsibly contributes

to a global society, through a system

distinguished by rigorous academics,

innovative use of technology, creative

exploration, and nurturing learning

experiences.

VISION "The Rowland Unified School District

promotes, expects, and accepts nothing short

of excellence. We have collective commitment

to be the best school district in California."

# **2** Rowland Adult & Community Education

RECREATION DEPARTMENT RECREATION. ROWLAND. K12.CA. US

(626) 965-5975 ext. 1567 or 1569

**REGISTRATION BEGINS:** Monday March 11, 2019 1:00-5:00pm

**RECREATION OFFICE HOURS:** 

Monday-Thursday: 1:00-5:00pm Friday: 12:30-4:30pm

Will be open Saturday April 6, 2019 9:00-11:00am

Coordinator: Colleen Bridgewater

Office Assistant: Jordana Rivas

2100 Lerona Avenue • Rowland Heights, CA 91748 • Telephone: (626) 965-5975 ext. 1567 or 1569

#### **REGISTRATION / CLASS INFORMATION**

\*\*\* ALL STUDENTS MUST BE REGISTERED AT THE RECREATION OFFICE BEFORE GOING TO ANY CLASS. \*\*\* ONLY PARENT OR LEGAL GUARDIAN MAY REGISTER STUDENTS

Please note beginning date/time of your class which is listed on your receipt. All session fees must be paid at the time of registration regardless of attendance.

#### A \$5.00 NON-REFUNDABLE FEE WILL BE ASSESSED ON EVERY REGISTRATION.

Rowland Adult & Community Education Recreation Department reserves the right to cancel (without notice) any program due to lack of enrollment, in which case a refund will be issued. There will be NO makeup classes if you miss a class. Rowland Adult & Community Education-Recreation Office reserves the right to make changes of day, time, location or staff

There will be NO IN-CLASS REGISTRATION. All registrations are to be processed at the RACE Office, Mail or FAX.

#### **REGISTRATION PROCEDURES**

Walk-In: Rowland Adult & Community Office. 2100 Lerona Avenue, Rowland Heights. Register during Recreation office hours. Fees can be paid in cash, check, Visa, Mastercard or American Express.

Email Registration - Complete the registration form located on the back page of this brochure with credit card payment and email to: rusd-recreation@rowlandschools.org

Mail in Registration - (Allow 1 week for mail delivery) Use the Recreation Registration Form located on the back page of this flyer. Make check payable to: RÚSD (Rowland Unified School District) A \$25 service charge is applied to all returned checks, sorry, no exceptions.



4:20-5:20pm Instructor: Estela Mora

#### MAKE-UP APPLICATION, TIPS & TRICKS - Two 3 Weeks

Do you or your teen have a passion for makeup? This class will cover the basics of makeup application, including everyday makeup and day-to-night makeup, brushes, hygiene, contouring & highlighting, lip sculpting, color correcting, and smokey eyes. Students will experience and practice each of these tips and tricks, all taught by a professional makeup artist with over 200 hours of experience.

Ages 13 & Up Tuesday Ages 13 & Up Tuesday 4/30-5/28 Students must bring their personal makeup and stand up mirror to each class. Class Fee: \$60 per session Material Fee: \$10 due at first class meeting Location: RACE Room 105 Instructor: Adreane Mercado

#### MUSIC

All Piano, Guitar & Drums classes are taught at: THE ROWLAND HEIGHTS SCHOOL OF MUSIC & ARTS 19271 E. Colima Rd., Suite H., Rowland Heights irector/Piano Instructor: Yolanda J. Fresnoza, Ed. D

**PIANO FOR CHILDREN - 8 Weeks** A comprehensive beginning & continuing Piano course that can be applied to any keyboard. The fundamentals of music are taught in this fun class. There must be a minimum of 5

Students per class or classes will be combined.
21400 Beg./Cont. Ages 4-5 Monda
21402 Beg./Cont. Ages 5-8 Wedne
21501 Beg./Cont. Ages 9-13 Thursc Monday 21402 Beg./Cont. 21501 Beg./Cont. Class Fee: \$125 Wednesday 4/3-5/22 Thursday 4/4-5/23 6:00-7:00pm 6:30-7:30pm Material Fee: \$25 due at first class meeting.

Instructor: Yolanda Fresnoza, Ed.D. \*\*You will need your own personal set of headphones with large prong adapter. You can purchase at: Best Buy or Target.

#### **INTRODUCTION TO GUITAR - 8 Weeks**

Students will learn to read music, play chords, rhythm skills & proper technique of playing the guitar while enjoying this fun class. Minimum of 5 Students per class or classes will

Instructo	r: Staff	Student	s must bri	ng a guitar (acou	stic or electric
Class Fee				first class meeti	
24220	Beginning	Ages 14 & Up	Friday	4/5-5/24	7:30-8:30pr
24110	Beg./Cont.	Ages 5-13	Friday	4/5-5/24	6:30-7:30pr
24001	Beginning	Ages 5-13	Friday	4/5-5/24	5:30-6:30pr
pe compi	nea.				

#### **ACADEMIC & COMPUTER CLASSES FOR CHILDREN**

AGI Academy • 20816 Carrey Road, Walnut There must be a minimum requirement of 6 students per class for all classes held at AGI Academy

#### **INTRODUCTION TO MICROSOFT WORD & POWER POINT - 9 Weeks**

Students will develop proper typing skills to benefit them for a lifetime. Students will learn Microsoft Word for writing reports, homework and basic communication skills. The class will cover formatting with fonts, paragraph alignment, clip art, tables, margins, spelling and grammar check, bullets and numbering, columns and indents. Students will also learn PowerPoint for slide shows to apply to their academic work and school projects. 14012 Ages 6-14 Saturday Class Fee: \$170 Material Fee: \$10 due at first class meeting.

# DEBATE AND PUBLIC SPEAKING - 9 Weeks

Students will gain confidence in speaking publicly and strengthening their interpersonal, problem-solving and communication skills. Furthermore, the debate preparation process requires students to thoroughly research a given topic, create a persuasive argument, anticipate their opponents rebuttal and prepare intelligent responses.

14010 Ages 9-13 Saturday 3/23-5/18

Class Fee: \$170 Material Fee: \$10 due at first class meeting.

Location: AGI

#### **CRITICAL READING & WRITING EXPRESSION - 9 Weeks**

This course helps students strengthen their critical reading and writing skills, both of which are essential analytical skills for academic success. Students will learn how enhance their reading comprehension skills by identifying important information, assumptions, values, and language use. They will also improve their vocabulary skills to prepare for standardized

14003 Ages 8-13 Saturday 3/23-5/18 Class Fee: \$170 Material Fee: \$10 due at first class meeting. 3:00-4:00nn Location: AGI

PSAT PREPARATION CLASS - 9 Weeks
Do you want to obtain spectacular scores on your PSAT? Two hours of intensive learning each week will be devoted to all three sections for review with practical tests and detailed explanations. Students will be given an introduction to what the PSAT is as well as its format. Materials will be provided on a weekly basis for building vocabulary, improving critical reading comprehension and written expression, arithmetic, algebra, geometry and

miscellaneous topics. 14001 Ages 13-16 Saturday 3/23-5/18
Class Fee: \$340 Material Fee: \$10 due at first class meeting. 3/23-5/18 3:00-5:00nn Location: AGI

MATH WORKSHOP - 9 Weeks This is a great refresher course for students who want to brush up on their Math skills. Experience a new approach to math problem solving and hands-on practice for 3rd – 8th graders. Whether students need help with homework assistance, or want to prepare for a test, AGI is here to help. This program not only helps your child's math skills improve, but

will also help their overall success in school.

14008 Ages 8-13 Saturday 3/23-5/1

Class Fee: \$170 Material Fee: \$10 due at first class meeting. 4:00-5:00pm Location: AGI

#### LEADERS LEARNING CENTER (LLC) 19228 Colima Rowland Heights, CA 91748 Minimum of 5 Students per class or classes will be combined.

**MONTESSORI JUNIOR READING AND WRITING CLUB - 8 Weeks** The Montessori creative writing program is designed for kids from age 5 to 7 years old. Our program will encourage children to exercise their creative minds and practice using their magination. Punctuation, word choice, word usage, spelling, and grammar are just some

of the things children will practice as they write creatively. Monday 4/1-5/20 K-2nd Grade K-2nd Grade Wednesday Saturday 4/3-5/22 4:30-5:30pm 2:00-3:00pm Class Fee: \$145 Material Fee: \$10 due at first class meeting. Location: LLC

#### ACADEMIC & COMPUTER CLASSES FOR CHILDREN Cont...

MATH & LOGIC PROGRAM FOR CHILDREN - 8 Weeks

Students will learn problem solving and independent logical thinking skills. By using our specially designed tools, students will understand concepts, build a strong math foundation and enjoy learning mathematics. The Math & Logic Program will develop your child's ability to think analytically, creatively and critically. Let's awaken the "Math Genius" in your child's Accorded to the Control of 2nd-3rd Grade K-1st Grade K-1st Grade 16009 Monday 3:30-4:30pm 3:30-4:30pm 16012 Tuesday 4/2-5/21 2nd-3rd Grade 2nd-3rd Grade 4/2-5/21 4/3-5/22 4:30-5:30pm 3:30-4:30pm Wednesday K-1st Grade Wednesday 4/3-5/22 4:30-5:30pm 3:30-4:30pm 4:30-5:30pm 3:30-4:30pm 2nd-3rd Grade Thursday 4/4-5/23 Thursday 4/4-5/23 4/5-5/24 16020 K-1st Grade Friday 4:30-5:30pm 2:00-3:00pm 2nd-3rd Grade K-1st Grade Saturday 2nd-3rd Grade K-1st Grade 4/6-5/25 2:00-3:00pm Saturday 4/6-5/25 4/6-5/25 3:00-4:00pm Saturday 3:00-4:00pn 2nd-3rd Grade Saturda Class Fee: \$145 Material Fee: \$10 due at first class meeting. Location: LLC

**COMMON CORE MATHEMATICS ENRICHMENT PROGRAM - 8 Weeks** 

Is your child ready for Common Core tests? In many ways, the computer-based test can be more complicated. Some questions require several calculations to come up with the answer and test a deeper level of understanding. With our Common Core Standards curriculum, and experienced teachers, we will ensure your kid is well prepared with new Common Core math skills. 16059 4th-6th Grade

Thursday 3:30-4:30pm 16061 4th-6th Grade Saturday 4/6-5/25 Class Fee: \$145 Material Fee: \$10 due at first class meeting. 2:00-3:00pm Location: LLC

COMMON CORE READING & WRITING ENRICHMENT - 8 Weeks

This class strengthens reading and writing enrichment and prepares students for higher level learning as they build their confidence and ability to read and write. Class is held in a small group and ranges from beginning to all level learners. In this class, students will be answering questions pertaining to each week's assigned passage and completing writing activities to expand text comprehension through group discussions. Students will also be expected to write short story or essay based on the teacher's chosen prompt.

3:30-4:30pm 4:30-5:30pm 3rd-5th Grade 3rd-5th Grade Wednesday Friday 4/3-5/22 4/5-5/24 3rd-5th Grade 4/6-5/25 2:00-3:00pm 3:00-4:00pm 4/6-5/25 3rd-5th Grade Saturday Class Fee: \$145 Material Fee: \$10 due at first class meeting.

**ROBOTICS CHALLENGE WORKSHOP- 8 Weeks** 

Class Fee: \$155 Material Fee: \$10 due at first class meeting.

For Next Generation of Engineers - With programmable robots created by MIT Media Laboratory and LEGO education, learning is fun! This class introduces intermediate level topics in building and programming robots using the Lego Mindstorms NXT robotics system. Students will experience and practice mechanical design, construction, programming and teamwork skills. This class is a good preparation for kids interested in obotics competitions at the league level or in joining a school 6004 4th-7th Grade Saturday 4/6

#### **ROBOTICS FOR KIDS - 8 Weeks**

The hands-on solutions ignite children's natural desire to explore and discover. Learn robotics with LEGO Education newest technology. Build snapping alligators, race cars, and spinning robots, then program them with the award-winning programming software. Students will learn subjects like math, science, technology, and engineering more effectively while improving and developing their 21st-century skills, like problem solving, collaboration

Class Fee: \$1	50	Material Fee	: \$10 due at first	class meeting.	Location: LLC
16002	K-3rd	Grade	Saturday	4/6-5/25	2:00-3:00pm
16001	K-3rd	Grade	Friday	4/5-5/24	4:30-5:30pm
16003	K-3rd	Grade	Thursday	4/4-5/23	4:00-5:00pm
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KIDS FOCUS TRAINING - MIND ART - 8 Weeks Mind-Art is easy to learn, relaxing, and a fun way to create beautiful images by drawing structured patterns. It will help students relieve stress, improve hand-eye coordination, help develop creative skills and increase attention span and ability to concentrate 4:30-5:30pm

1st-4th Grade Friday Class Fee: \$145 Material Fee: \$10 due at first class meeting. Location: LLC

#### **ENGINEERING FOR KIDS**

#### **BIOMEDICAL ENGINEERING - 6 Weeks**

Participants will explore the application of engineering principles and design concepts to medicine and biology. This class introduces students to the field of healthcare purposes. Through hands-on-activities, students are introduced to the systems of the human body (circulatory, respiratory, as well as genetics). Students will learn about the components of

blood, identify the blood groups as well as dissect a sheep heart!

15022 5th-8th Grade Saturday 4/6-5/11

Class Fee: \$130 Material Fee: \$25 due at first class meeting. Instructor: Engineering for Kids Staff Location: RACE Rm.101

JR. ENGINEERING CLUB - 6 Weeks This class introduces our junior engineering students to the different Science Olympiad events. Through open and focused exploration, students will participate in the following hands-on learning events: Mystery Architect, Bridge Building, Crime Busters, Egg Drop, Rocketry, No Bones About It, Write it/Do it, and more. Students will learn the different

science processes and develop thinking skills to solve problems.

15020 2nd-5th Grade Saturday 4/6-5/11

Class Fee: \$130 Material Fee: \$25 due at first class meeting.

Instructor: Engineering for Kids Staff Location: RACE Rm.101

#### SPORTS

#### BASKETBALL for Boys & Girls - 8 Weeks

In these clinic format classes, the Instructor will stress team skills through instructional drills & games while raising each child's self-esteem and a joy of the sport. Parents of ages

4-0 Illust	stay fical facility.						
FRIDAY BASKETBALL CLASSES							
31001	Beginning	Ages 4-6	Friday	4/5-5/24	3:15-4:00pm		
31301	Beginning	Ages 7-10	Friday	4/5-5/24	4:00-4:45pm		
Class Fe				n: Killian I	Elem. South Court		
Instructor: Adam Sandoval							
SATURDAY BASKETBALL CLASSES							
				410 014	0.00.40.45		
31701	Beg./Cont.	Ages 5-6	Saturday	4/6-6/1	9:30-10:15am		
32001	Bea./Cont.	Ages 7-8	Saturday	4/6-6/1	10:15-11:00am		
32501	Beg./Cont.	Ages 8-10	Saturday	4/6-6/1	11:00-11:45am		
32801	Cont./Inter.	Ages 7-12	Saturday	4/6-6/1	11:45am-12:45pm		
Class Fe		5			Elem South Court		
	T T T T T T T T T T T T T T T T T T T						

No Class Saturday May 25

Instructor: Adam Sandoval

#### SPORTS Cont...

CAMPUS BASKETBALL LEAGUE - 8 Weeks
This indoor co-ed basketball league is designed to teach and enhance basketball knowledge and skills in a recreational and fun atmosphere, This league is for players 2nd

to 8th grade. Games are played on Friday nights and Sunday afternoons.

Evaluation Date & Site: March 23rd 10am-11am, Killian Elementary School, North Campus Basketball Court. All students MUST attend the Evaluation Day. Division: 1 & 2

31302 Grades: 6th, 7th, 8th grade
Evaluation day: 3/23/19 Time:10:00am-11:00am Loc: Killian Elem. North Campus
Game Dates: 3/29/19 to 5/17/19 (Friday)
Game Times: One hour game time between 5:30pm-8:30pm
Game Location: Indoor gym in Walnut area. To be announced.

League Fees: \$190 Material Fee: \$30 Bring \$30 to purchase jersey on evaluation day.
Division: 3 & 4

31303 Grades: 2nd, 3rd, 4th, 5th grade
Evaluation day: 3/23/19 Time: 10:00am-11:00am Loc: Killian Elem. North Campus
Game Dates: 3/31/19 to 5/19/19 (Sunday)
Game Times: One hour game time between 2:30pm-7:30pm

Game Location: Indoor gym in Walnut area. To be announced.

League Fees: \$190 Material Fee: \$30 Bring \$30 to purchase jersey on evaluation day.

All Students Must be registered by March 21 to sign up for the League.

#### SOCCER for Boys & Girls - 8 Weeks

In these clinic format classes, the Instructor will stress team skills through instructional drills & games while raising each child's self-esteem and a joy of the sport. Parents of ages 4-6

SATURDAY SOCCER CLASSES Beg./Cont. Beg./Cont. Beg./Cont. Ages 4-5 Ages 4-5 Saturday 9:00-9:45am 4/6-6/1 4/6-6/1 9:45-10:30am 10:30-11:15am Saturday Ages 6-9 Saturdav 33501 Beg./Cont. Class Fee: \$70 Saturday urday 4/6-6/1 11:15am-12:00pm Location: Killian Elem. South Field Ages 9-12 Instructor: Eric Zamora No Class Saturday May 25

TENNIS - 8 Weeks
ALL TENNIS STUDENTS MUST BRING TWO CANS OF UNOPENED TENNIS BALLS (Wilson or Penn) AND A TENNIS RACQUET
This class is for fun and fitness. Students will develop techniques for ground strokes, serve

& volley along with footwork and coordination. Drills are emphasized, along with basic fundamentals, rules and scoring.

SATURD	AY TENNIS CLA	ASSES			
37001	Advanced	Ages 7-13	Saturday	4/6-6/1	8:00-9:00am
36301	Beg./Cont.	Ages 5-6	Saturday	4/6-6/1	9:00-10:00am
36401	Beg./Cont.	Ages 7-8	Saturday	4/6-6/1	10:00-11:00am
36501	Beg./Cont.	Ages 9-12	Saturday	4/6-6/1	11:00am-12:00pm
Class Fe	e: \$7Ŏ	Ü	Location:	Rowland H	ligh Tennis Courts
Instructor: Earl Bernabe			No Class Sa		

PRIVATE TENNIS LESSONS - 8 Weeks

Saturday 4/6-6/1 45 minute classes \$175. Arrange time at the Recreation Office. ructor: Mr. Bill Davis No Class Saturday May 25 Private Lesson Instructor: Mr. Bill Davis

### **KARATE**

**KARATE - 8 Weeks** 

Karate teaches the development of physical and mental health. Students build self-esteem, courtesy, self-discipline, and respect for self and others.

35101 Ages 4 & up Wednesday 4/3-5/22 4:00-4:45pm Class Fee: \$70 Location: Killian Cafeteria Instructor: Tim Ruggio

#### JR. GOLF

#### JUNIOR GOLF - Two 6 Week Sessions

It's golf superiority, guaranteed! This class will introduce the mechanics of golf namely: grip, address, alignment, stance, and swing-tempo; as well as pitching, chipping, and putting. Students will gain exposure to the sport while learning responsibility, respect, integrity, and Minimum 5 students, maximum 16.

Ages 5-17 Ages 5-17 Ages 5-17 3/15-4/19 Friday 32820 4:30-6:00nm 32821 32822 4/26-5/31 3/16-4/20 4:30-6:00pm 9:30-11:00am Saturday 4/27-6/1 3/17-4/21 9:30-11:00am 9:30-11:00am 32823 Ages 5-17 Saturday 32824 32825 Sunday 4/28-6/2 Sunday

Class Fee: \$120 per session

Students must bring a putter, pitching wedge, 9-Iron and #1 club.

Weekly Ball Fee: \$3 Small Basket, \$9 for a large basket or \$10 for jumbo basket.

Location: Rowland Heights Golf Center, 18927 Daisetta St. Rowland Heights

#### DANCE

These dance favorites will be taught in a way that children are sure to enjoy. Your future star will gain flexibility, coordination, self-esteem and learn the basic fundamentals of dance. Students will learn fun routines, enjoyable for even the youngest dancers. Your child will become familiar with proper terminology and classroom etiquette and will enjoy learning in s warm and welcoming environment. All Dancers must wear Ballet or Jazz Shoes. NO Socks or Tights Only.

BABY BALLET, TAP & JAZZ & BALLET, TAP & JAZZ - 8 Weeks 44001 Baby Ballet, Tap & Jazz Ages 3-5yrs Tuesday 4/2-5/21 4:15-5:00pm 44004 Ballet, Tap & Jazz Ages 6+ Tuesday 4/2-5/21 5:00-5:45pm Class Fee: \$70 Location: Killian Elem Cafeteria Instructor: Shanta Robinson

#### MUSICAL THEATER

### **MUSICAL THEATER - 8 Weeks**

Musical Theatre will focus on applying and bringing together the disciplines of singing, acting, and dancing, to create an effective performance. This class will focus on learning proper dance technique while exploring the various dance styles used in Broadway shows. Class curriculum is based on Broadway style jazz movement, emphasis will also be placed on learning performance skills such as connecting with the audience and telling a story through dance and facial expressions.
44006 Musical Theater Ages 6+ Tuesday 4/2-5/21 3:30-4:15pm

## Class Fee: \$70 Instructor: Shanta Robinson Location: Killian Elem Cafeteria SWIMMING

#### WATER SAFETY INSTRUCTOR TRAINING

Water Safety Instructor is a blended learning course, of online and classroom components. The American Red Cross requires all Water Safety Instructor candidates to complete the American Red Cross 8 Hour WSI Online Course prior to the first class date. The American Red Cross online course fee is an additional \$35.00 and payable to the American Red Cross and Precourse Work Must be Complete Before First Class Date.

#### **SWIMMING Cont...**

Participants will be required to complete the following course prerequisites and course completion requirements(Online Course). Refunds will not be issued to participants who do not successfully complète all course prerequisites and course completion require according to the American Red Cross standards

Requirements: Participants must be 16 years old, complete the <a href="Merican Red Cross 8">American Red Cross 8</a> <a href="Hour Online Course">Hour Online Course</a> prior to the first-class date, be proficient and able to swim 25 yards of: front crawl (freestyle), back crawl (backstroke), breaststroke, elementary backstroke, sidestroke and 15 yards butterfly, must float on their back for 1 min. in deep water, tread water for 1 minute Participants must attend all scheduled dates and times, demonstrate proficient skills and pass a written exam with a score of at least 80 percent. Once enrolled in the course an email will be sent to each participant with instructions on how to complete the online portion of the training.
71002 Saturday & Sunday

3/30 & 3/31 8:00am-7:45pm Instructor: Streamline Health Location: Rowland & Nogales High School Pools

LIFEGUARD TRAINING

Requirements for Successful Completion: Participants must attend all scheduled class dates and times, demonstrate proficient land and water skills, and pass the written exam with a score of at least 80 percent. Perequisites: Participants must be at least 15 years old, able to swim 300 yards, without stopping, using the front crawl and breaststroke, be able to retrieve a 10lb weight from 7 feet underwater then swim 20 yards with the weight using legs only. NO REFUNDS once the course fee has been submitted.

This Includes: participants who do not successfully attend all three days and times, those who do not pass land and water skills with proficiency or those who do not pass the written who do not pass land and water some seam with a score of at least 80%.

I ifequard Training Saturday & Sunday

Lifeguard Training Saturday & Sunuay Instructors: Stephanie Lui 3/23 & 3/24 8am-5:00pm

#### **ROWLAND RACERS SWIM TEAM/WATER POLO - 8 Weeks**

This class is for the intermediate level swimmer to develop as swimmers and learn the fun sport of Water Polo. Time is split between teaching swimming, and developing fundamental Water Polo skills. Students will learn how to tread water, pass and shoot a Water Polo ball, as well as participate in fun games to reinforce theses skills. Swimmers Must be able to Swim 2 Laps & know 2 Swim Strokes to enroll.

Coach Eva Wang is a former Olympic Water Polo Competitor.
 2012 5th Place, 2012 Summer Olympics in London, United Kingdom
 2012 1st Place, Women Asian Water Polo Championship in Dubai, United Arab Emirates
 2011 2nd Place, FINA World Championship in Shanghai, China

Friday 4/5-5/24 Location: Rowland High School Pool Class Fee: \$120 Coach: Eva Wang STROKE CLINIC - 8 Weeks

This class is designed for intermediate level swimmers who might be interested in joining their High School Swim Team or Club Swim Teams. The Stroke Clinic will condition swimmers to get them ready for higher level competition. They will learn stroke form and technique. Swimmers Must be able to Swim 2 Laps and know 2 Swim Strokes.

71003 Stroke Clinic Tues. & Thurs. 4/2-5/23
Class Fee: \$125 Location: Nogales High School Pool
Coach: Alejandro Camacho & Christina Nunez

#### PRIVATE SWIMMING LESSONS - 8 Weeks

One on One swimming lessons individually designed for the student's benefit. Class is highly adaptable to the needs of each swimmer. The water is always heated to at least 82 degrees. Lessons are once a week for 30 minutes. **Must be at least 5 years old.**Tuesday 4/2-5/21 or Thursday 4/4-5/23 Space is very limited

Location: Nogales High School Pool

#### SPECIALTY CLASSES

ICE SKATING FOR CHILDREN & ADULTS - Two 5 Week Sessions

Learn to skate across the ice forwards and backwards, glide on one foot, stop, turn & more! Skate rentals and free public skating the day of class are included. Please arrive at least 15 minutes early for check-in and skate sizing. Dress Warmly! PARENTS must stay at the skating rink at all times. Location: Ontario Center Ice Arena 201 S. Plum, Ontario (2 mile North of the 60 Freeway & Euclid). Arrive 20-25 mins. early to get rental skates and put them on. SKATING FOR TOTS

Ages 3-5 Ages 3-5 11:00-11:30am 11:00-11:30am Class Fee: \$55 SKATING FOR KIDS Ages 6-12 Ages 6-12 11:00-11:30am 39811 4/20-5/18 11:00-11:30am Saturday Class Fee: \$55
TOT & ME (one tot ages 2-5 and one parent) Ages 2-5 Ages 2-5 3/16-4/13 11:00-11:30am Saturday Saturday 4/20-5/18 11:00-11:30am Class Fee: \$75

#### **DOG OBEDIENCE TRAINING - 7 Weeks**

This class covers basic obedience commands and help with correcting behavior problems (chewing, jumping up, digging, housebreaking, etc.). This course is open to all breeds of dogs, 6 months or older (larger breeds accepted at 4 months). Trophies will be awarded at graduation. No dogs at first class meeting. **Students must bring vaccination record**.

59401 Dog Obedience Wednesday 3/27-5/8 7:30-8:30pm 59401 Dog Obedience Wednesday 3/27-5/8
Class Fee: \$90 Material Fee: \$10 due at first class meeting. Instructor: Dog Services Unlimited

Loc: Fullerton Downtown Plaza-131 E. Wilshire, Fullerton (just east of Harbor)

#### **CRASH COURSE IN K9 MANNERS - 4 Weeks**

This fast-paced course is geared for people who need to accomplish their training goals very quickly. Obedience skills will be introduced & preventive/corrective measures for a variety of bad habits will be discussed. <u>Dogs should be brought to all four class meetings</u>. Handlers 12 years to Adults. <u>Dogs six months</u>. Larger breeds four months. Students must bring vaccination record. 4/13-5/4

59301 Crash Course Saturday 4/13-5/4 Class Fee: \$82 Material Fee: \$5 due at first class meeting. 10:00-11:15am

Instructor: Dog Services Unlimited

Loc: Acacia Park 1910 Fullerton Creek Rd. Fullerton (at the 57 Fwy & Yorba Linda)

